

## 2020-21 Headline Findings

In FY 2020-21, First 5 Tehama innovated new programs and communication efforts, expanded trauma-informed systems efforts, and continued supporting families and children through direct services, and information/resource sharing.



### Improved Family Functioning

- First 5 Tehama expanded its reach to families through online communications including four **email “stories.”** Each story averaged 268 successful deliveries. Story open rates exceeded industry benchmarks and increased throughout the FY.
- First 5 introduced the **Book Club** to engage families and increase literacy, distributing over 1,700 books and information on community programs, literacy, resiliency, and stress buster ideas. About 229 children engaged in the **Book Club** this FY.
- Sixty-six parents registered for four **“Parent Academies”** on Resilience, Early Math, Early Language, and Mind and Body Strategies.



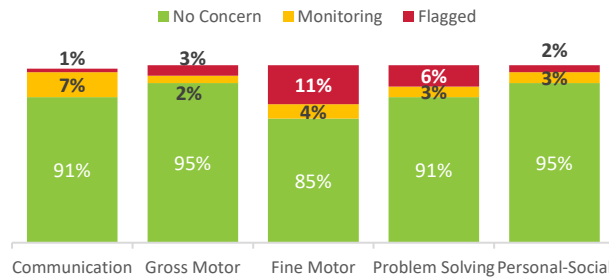
### Improved Child Health

- First 5 Tehama continued use of the **Parents as Teachers (PAT) home visiting** model, which considers parents the most influential part of children’s lives. PAT empowers families with information about child development and parenting strategies.
- **Parent-Child interactions** significantly increased following home visiting in the four PICCOLO domains: affection, responsiveness, encouragement, and teaching.
- Regarding **medical health**, 98% of children participating in home visiting had medical insurance, 93% were current on immunizations, and two-thirds of 3-5-year-olds had at least one dental visit.

- Using the PAT model, home visitors administered the **Ages and Stages Questionnaire-3 (ASQ)** developmental screener to identify developmental problem areas and provide referrals to early intervention support specialists.
- Fifteen of the 149 ASQ-3 screenings were flagged with concerns. Eighty percent received referrals. Of those, 67% received services.



### Improved Child Development



- First 5 held 39 **playgroup** sessions with 52 adults and 66 children. Nearly all parents (97%) learned something new about child development/parenting and other School Readiness resources.



### Improved Systems of Care

- First 5 Tehama continued **Early Intervention Partnership (EIP)** efforts. Participants refined cohesive and more efficient systems and increased knowledge of resiliency, Adverse Childhood Experiences (ACEs), and protective factors.
- Twenty-five percent of referrals through the **P2P Referral Tracker** resulted in enrollment.
- First 5 Tehama expanded efforts to incorporate trauma-informed care in Tehama systems. More than 58 providers/professionals were **ACEs Aware** trained. Interagency participants-built partnerships to expand trauma informed services and systems in new ways.
- First 5 Tehama also supported Help Me Grow, the Home Visiting Collaborative, Nurturing Parenting Program (NPP) Collaborative, Quality Counts North State (QCNS), and Career and Partnership trainings.